

VIDEO 03

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W O R K B O O K

REVIVING A STRAINED RELATIONSHIP
WITH YOUR EXECUTIVE



KEY POINTS TO REMEMBER

Did you know that there are _____ stages of team building?

The Five Stages Are:

- ① Forming
- ② _____
- ③ Norming
- ④ Performing
- ⑤ Adjourning

It's _____ to experience storming, but if you never move out of it, you and your leader won't advance to the Norming or Performing stages.



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WORKBOOK

I think the first step is to get _____ of your Leader.

1.

Your leader needs _____.

2.

Every relationship takes _____.

3.

Trust takes _____.

“When the going gets tough, go back to the _____.”

Onboarding is a very _____ period of time. Revisiting these strategies can help improve communication and collaboration without a lot of effort.



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WORKBOOK

Onboarding Basics:

- ① Recommit to your weekly _____
- ② Send a Friday wrap-up _____
- ③ Review desired priorities or _____

Fixing any relationship is a _____ effort.

We hope any strain is a _____ issue, rather than a chronic problem.

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**AS YOU CONTINUE TO
ADDRESS ISSUES WITH
YOUR LEADER, YOU WILL
DRIVE CLARITY, GROW IN CON-
FIDENCE, AND HOPEFULLY
GROW THE IMPACT OF YOUR
WORKING RELATIONSHIP.**

TRIVINIA BARBER